



Professionals' guide to Child to Parent Abuse Training *delivered by PEGS*



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INTRODUCING PEGS



PEGS is a social enterprise which was formed in March 2020 after a gap in provision was identified by founding director, Michelle John. She felt that parents, carers and guardians were simply not receiving adequate support when experiencing Child to Parent Abuse. Additionally, the issue was simply not being discussed enough, leading to a lack of effective policies and procedures.

PEGS has four main aims:

- Supporting parents
- Training professionals
- Influencing policy
- Raising awareness

Provision for parental figures includes a closed peer support group on Facebook, daily practitioner-led virtual sessions, webinars and wellbeing groups, and one-to-one support for those in specific areas and circumstances.

PEGS launched the Child to Parent Abuse Covenant in 2021, the fourth ever Government-backed Employer Covenant aimed at encouraging organisations across the public, private and voluntary sector to develop support for staff and service users, where applicable.

Events aimed at professionals have also been a core focus of PEGS, including international conferences with eminent speakers from across many sectors relevant to CPA.

All of this, plus a comprehensive training schedule, has seen many hundreds of professionals upskilled by PEGS.

We are specialists: PEGS is a lived-experience organisation, meaning we're able to offer a unique, empathetic perspective which resonates deeply with trainees.

We offer a comprehensive service: Our professional training programmes are specially-designed and deliver to help recognise CPA, improve responses, and enable best practice.

We are accessible and flexible: Our online service model enables you to access training wherever you are in the UK, or even the world. We also offer a range of training whether you wish to attend a short session or a longer course.

We have a proven track record: We carefully monitor and evaluate feedback from our courses, meaning we're sure they provide great value in terms of the knowledge imparted, and the confidence delegates gain when it comes to supporting families.

We work with you: We want your organisation to gain maximum impact from our training, which is why we offer fully-customisable solutions dependent on your needs.



E-learning is a fantastic option for individuals looking to gain knowledge and understanding of aspects of CPA, without committing themselves to a specific time or date.

The module is designed so that anyone can access this session. The expected outcomes for this training is:

- Increased knowledge and awareness of child to parent abuse
- Increased understanding of the impact on parents and caregivers experiencing this form of abuse
- An understanding of the potential barriers faced by parents and caregivers seeking support
- Increased confidence in identifying when child to parent abuse may be occurring
- An awareness of how to respond to disclosures of child to parent abuse

Signing up to a PEGS e-learning course enables you to learn at a time and pace which suits you.

We can also offer packages for organisations who are looking to sign up multiple team members.

HALF-DAY TRAINING

Our half-day 'Understanding Child to Parent Abuse' training course is designed to give everyone who attends as much knowledge about CPA as possible in a short time. Delegates report feeling more empowered when working alongside parents, carers and guardians experiencing this type of abuse.

We recommend attendees already have a basic knowledge of CPA before attending the course – which features real-life case studies, up-to-date research and statistics, and plenty of opportunities for discussion.

Your PEGS trainer will also share plenty of practical ideas to help you work with families going forward.

We offer our half-day training in a number of ways:

- Individual places on mixed-group training. These dates are listed at www.pegsevents.co.uk/training
- Group bookings for organisations can be booked via email to training@pegssupport.com
- Most of our sessions are delivered virtually, but we are able to arrange face-to-face training if this is preferred for a group booking
- When you enquire about booking, please state where you'd like the training to take place. Please note there will be an additional cost for in-person sessions

FULL-DAY TRAINING

Our 'Child to Parent Abuse Awareness and Practice' Full Day Training is a hard-hitting, thought provoking and professionally challenging session.

This interactive session is design to support individuals to upskill their practice, encourage professional curiosity and improve effective responses

Among the topics covered are the risk factors, barriers, facts and myths associated with Child to Parent Abuse. As well as numerous case studies, there will be group activities, discussions, reflections and a next steps plan.

The day is aimed at professionals with some knowledge of domestic abuse who want to further their awareness and develop best-practice tools.

As with our half-day training, the full-day session is offered as:

- Mixed-group sessions, which individuals can book a place on can visit www.pegsevents.co.uk/training to see the upcoming dates
- Group booking for organisations, available for up to 15 people can be discussed by contacting us at training@pegssupport.com
- Please state in your email if you would like to organise face-to-face rather than virtual training. Please note this will incur an additional charge

PEGS has developed a dynamic tool which helps professionals identify Child to Parent Abuse, as an alternative to existing models which mainly focus on intimate partner abuse.

Training on the PRAM© tool (PEGS' Risk Awareness Model) takes the form of a half-day course which makes use of real-life case studies to help trainees learn how to use the model effectively.

Feedback states the training is interactive, informative and aids the response that is required when faced with situations where child to parent abuse is occurring.

The session will cover the reasons why the tool was created, its purpose, best practice example and appropriate safeguarding responses should CPA be identified.

Following training, delegates will be issued with PRAM© documentation to use in practice going forward. Please note, only those who have undertaken PRAM© training directly with PEGS are authorised to use the tool.

These sessions are ideal for safeguarding leads, heads of service and anyone with safeguarding as part of their role or responsibilities – across a wealth of sectors including social care, health, education, and many others.

You **MUST** have completed our Child to Parent Abuse Awareness and Practice session to access PRAM training



BESPOKE TRAINING

In addition to our e-learning, individual and group sessions, we also offer bespoke training packages to organisations keen to upskill their workforce in working with families affected by Child to Parent Abuse.

Our tailored packages can be delivered online or in-person (or a mix of both) and there is always a maximum limit to the number of attendees per session, to ensure everyone gets the most out of their learning experience.

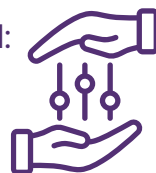
For larger organisations, we are able to deliver the same session multiple times to ensure every team member who needs to be on the training is able to attend without compromising our maximum attendee numbers. We offer discounts to those who book multiple sessions.

As well as the number of sessions, we are also able to customise the content of the course to suit your needs as an organisation. When you contact us about bespoke training, please give us as much information as you can about your aims, the core knowledge you want delegates to come away with, and any particular areas of focus.

This means we can put together a truly bespoke package of training, which meets – and hopefully exceeds – your expectations, and enables you to feel confident in the way your organisation approaches Child to Parent Abuse policy and practice going forward.

To enquire about bespoke training, please email:

training@pegssupport.com



BOOKING AND NEXT STEPS

Individual places on any of our pre-set training dates can be booked directly on our website:

www.pegsevents.co.uk/training

Group and bespoke training should be discussed via email:

training@pegssupport.com



Please note the following:

We require a 20% deposit for all group training at the time of booking, with the balance being paid no later than seven days before the delivery date.

When you have booked, a confirmation email will be sent out to you, along with a booking and delivery form which must be completed and returned as per the instructions on the email.

VAT is payable on all training – if an invoice is required please let us know at the time of booking.

After your training:

If you'd like to leave us feedback, we'd love to hear from you about anything you found particularly helpful, or any improvements you think we could make. Please email these to us (indicating whether you're happy for us to share your comments publicly, either anonymously or using your name and organisation).

HEAR FROM OUR LEARNERS

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“This is one of the best courses I have ever been on, Michelle's passion and understanding of the subject was inspirational. I have learned so much and have been able to identify better working practices and have a better understanding of CPA. The lived experiences subject matter enabled me to actually have a better understanding of what parents are going through.”

“Really insightful and interesting. I feel that this training would be hugely beneficial to any front-facing practitioners that support parents and families.”

“Training presented in a really interactive manner! So insightful.”

“One of the best training courses I have attended, facilitators so relatable, knowledgeable and made a difficult subject non triggering. Fantastic day of learning – thank you!”

“I have taken a great deal from the session and I hope to filter this out to colleagues.”

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From a recent bespoke training course:

100% agreed that their knowledge of CPA and how to respond to it had increased.

100% said the pace of the session was appropriate in developing their professional knowledge.

100% felt the training materials were relevant and accessible, and the discussion groups were helpful.

100% said they would recommend this training to a colleague.

CONNECT WITH PEGS

We have built up a fantastic network of organisations and individuals, and love connecting with new people to add to that network.

On our website, you can find lots of information, free resources, research and blogs. It's also where you'll find information about upcoming events such as conferences we're hosting:

www.pegssupport.com

If you'd like to get in touch via email about our training courses, then you can send a message to:

training@pegssupport.com

Or if you've got any general enquiries about PEGS, then the best place to send an email is:

enquiries@pegssupport.com

And of course, we have profiles across the main social media platforms – where we share news, events and helpful information for parents and professionals alike. Either search PEGS Support on the platform of your choice, or head straight to our profiles at:

facebook.com/PEGS.Support

instagram.com/pegssupport

linkedin.com/company/pegssupport

x.com/PEGS_support

