

ECONOMIC ABUSE

Is a family member or partner not giving you access to money or financial information? Or are they borrowing money without returning it, or making you feel like you can't say no? No matter how long it's been going on, **it's never too late to reach out for help.**



You are not alone there are people you can talk to

Please call COMPASS on 0330 333 7 444

or visit: www.essexcompass.org.uk

SETDAB

Southend, Essex
& Thurrock Domestic
Abuse Board