



# SETDAB

Southend, Essex & Thurrock Domestic Abuse Board

ANNUAL REPORT

2018 / 2019

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## Forward from the SETDAB Chair.



I was privileged to be appointed Chair of SETDAB in March this year. I want to thank the previous Chair; Councillor Dick Madden, who did a great job in championing this important agenda. Domestic Abuse sits at the very heart of Police, Fire and Crime Commissioner Roger Hirst's Vision for Essex that **'Safe and secure communities are the bedrock on which we build success and wellbeing for all'**.

Breaking the cycle of domestic abuse is one of our priorities in the Police and Crime Plan for Essex. The work the partners of SETDAB has achieved, which are reflected in this annual report, helps us to meet the objective of this priority, which is to help those who suffer in silence and reduce the impact on children and families.

I was pleased to see so many attendees at the SETDAB conference in November 2018; this was a great opportunity to share learning and network with partners and we had an incredibly impactful contribution from Dale Barret, the son of Janine Mundy about the J9 campaign; named in Janine's memory.

Since becoming Chair, we have reviewed SETDAB's priorities, reviewed our performance framework, and focussed our collective efforts of delivering on what really matters to people and partners. We want to support victims and their families affected by domestic abuse to feel safe, cope and recover through targeted help and jointly commissioned support services.

However, we are not complacent and there is still more to do. We are developing our new Domestic Abuse Strategy for 2020 onwards which will outline our strategic priorities and outline how we work even better together to protect some of the most vulnerable people in our society. Recent Domestic Homicide Reviews have given us some real insight into how we can collectively learn lessons from previous cases and work together to prevent these tragic incidents happening in the first place. If we can reach out and help one person and encourage them to seek help or change their behaviour we really are making a difference to people's lives.

Finally, I would like to thank the SET DA Team for their continued support and drive. It is a challenging environment to work in but one that they navigate with professionalism and compassion.

To the partners and organisations who work with us on the board I want to thank you for your unwavering commitment because what we have achieved would not be possible without their support.

**Jane Gardner**

Deputy Police, Fire and Crime Commissioner for Essex and SETDAB Chair

# Delivering the SETDAB strategy

## Who is SETDAB?

**The Southend, Essex and Thurrock Domestic Abuse Board (SETDAB)** is a made up of representatives from agencies and organisations working to join up and better facilitate Southend, Essex and Thurrock's vision where everyone lives a life free from domestic abuse. SETDAB provides strategic leadership to address domestic abuse by providing a multi-agency framework, common ethos and co-ordinated approach to innovate, drive change and address domestic abuse across Southend, Essex and Thurrock.

## Our strategy and outcomes:

The Southend, Essex and Thurrock Domestic Abuse Joint Commissioning Strategy was launched in 2015 and the five outcomes identified within the Strategy are the focus of our work.

These are:

1

Young people are more aware of domestic abuse and therefore less likely to become a victim or perpetrator of domestic abuse;

2

Victims (Adults and Children) and those at risk of experiencing domestic abuse feel and are safe;

3

Victims (Adults and Children) are able to recover from domestic abuse and live independently, free from abuse;

4

Perpetrators are prevented from causing harm;

5

Communities and professionals have a greater awareness of what an abusive relationship is, how to report it and as a consequence feel safer.

These outcomes are placed firmly at the centre of our approach to strategic planning, ensuring the activities we prioritise are ones that will achieve both these outcomes and our overarching vision that **'everyone in Essex lives a life free from domestic abuse'**.

The aim of the Strategy is to lead to consistent and coordinated action, bringing our collective resources together to address the issues of domestic abuse. The Domestic Abuse Board monitors the implementation of the Strategy and its underpinning action/delivery plans.

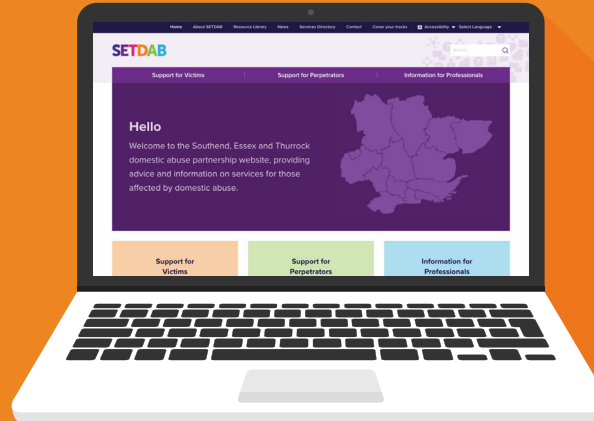
# During 2018/19 we have...

## Drive

The Drive pilot programme developed a new approach to hold high risk perpetrators of domestic abuse to account in order to keep victims and children safe. It ran in Essex from April 2016 – March 2019 and over 252 individuals were referred into the programme (274 victims and 435 children associated with those referred).

### Outcomes:

- ↓ **55% reduction**  
in use of all physical abuse
- ↓ **22% reduction**  
in use of all sexual abuse
- ↓ **40% reduction**  
in use of all harassment and stalking
- ↓ **42% reduction**  
in use of all jealous and controlling behaviour.



## SETDAB Website

The Partnership launched our new website at our November 2018 conference; between December 2018 and March 2019, there were 1,400 visitors to the site. We will continue to promote the website during 2019.

[www.SETDAB.org](http://www.SETDAB.org)

## SETDAB Conference

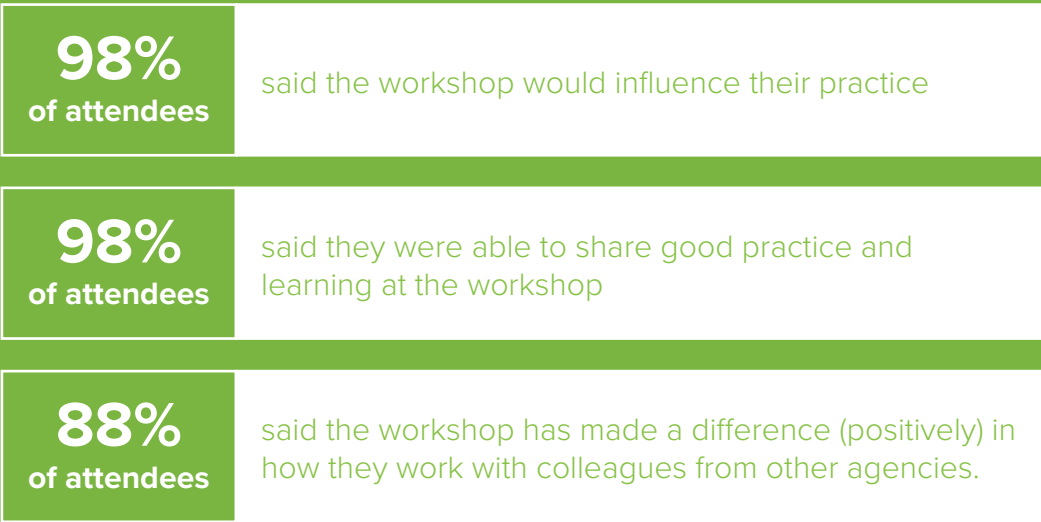
- Over 200 people attended our 2018 conference focusing on a multi-agency approach to working with perpetrators.
- Prior to the conference, 59% of attendees were not confident in knowing what perpetrator services are available across Southend, Essex and Thurrock. By the end of the conference, 100% of attendees felt confident or very confident in their knowledge.

Knowledgeable  
Informative  
Powerful  
Superb  
Fantastic  
Heartfelt  
Empowering  
Thought-provoking  
Brilliant  
Humbling  
Impactful  
High-standard  
Valuable  
Great  
Excellent  
Well-organised  
Purposeful  
Interesting

# During 2018/19 we have...

## Professionals reached though our seminars/events

- The SET DA Team facilitated a range of seminars and learning events covering topics such as: Learning from reviews and professional curiosity, Risk Assessment and the MARAC, best practice and learning from Project Maya.
- For example, 294 professionals attending the Learning from Review events (held in partnership with Essex Safeguarding Childrens Board and Essex Safeguarding Adults Board)



## Numbers of professionals trained by ECRC and ESCA

to use toolkit to work with domestic abuse perpetrators



\*80% said training was good/outstanding

**MARAC:** Multi-Agency Risk Assessment Conference    **Project Maya** was a specialist service for black, asian and minority victims  
**ECRC:** Essex Community Rehabilitation Company    **ESCA:** Essex Social Care Academy    **VAWG:** Violence Against Women and Girls

# During 2018/19 we have...

## Project Maya results

Project Maya was a specialist domestic abuse service for BAME victims (Black, Asian, and Minority Ethnic) which ran from May 2017 to December 2018:

208	referrals received
43%	supported to obtain court orders
159	children received direct and/or indirect support

The percentage of victims that stated at exit, that they had cessation or significant reduction in:

Emotional, psychological abuse	74%
Jealous, controlling behaviour abuse	85%
Physical abuse	87%
Financial abuse	75%
Sexual abuse	94%
Surveillance, harrassment, stalking abuse	84%

**BAME:** Black, Asian and Minority Ethnic



**Outcome 1:** Young people are more aware of domestic abuse and therefore less likely to become a victim or perpetrator of domestic abuse.



#### What have we done:

- Risk Avert, our health and well-being programme for schools worked in 53 schools during 2018/19.
- There is a training programme in place for front line practitioners to up-skill them to work with parents in conflict (Reducing Parental Conflict programme).
- 250 professionals trained.

#### What we will do:

- Continue to expand the reach of Risk Avert across SET.
- Explore out of court disposal options to divert young people exhibiting abusive behaviours into alternative interventions to promote positive behaviour change.
- Pilot a new project to introduce trauma perceptive practice within school settings and providing additional support services for staff members and young people.

#### Why is this important?

Educating and supporting our young people to make informed choices.



## **Outcome 2:** Victims (Adults and Children) and those at risk of experiencing domestic abuse feel and are safe.



### **What have we done:**

- Implemented a new contingency process to assist Essex MARAC to deal with their large volume of referrals; since September 2018 Essex MARAC has heard all referrals within 14 days as required by their Protocol as have Thurrock MARAC.
- Recruited and trained new MARAC Chairs across SET.
- Conducted a procurement process to deliver integrated domestic abuse services across SET.
- Independent Domestic Violence Advisors (IDVAs) gave information, advice and/or support to 1156 individuals.

### **What we will do:**

- Co-locate Essex MARAC and the Central Referral Unit to streamline safeguarding processes for high risk domestic abuse victims.
- Promote a new single point of contact into domestic abuse services.
- Continue to invite additional partners to engage in MARAC processes.
- Embed local audit processes across the SET MARACs to monitor effective practice.
- Establish a perpetrator focus within SET MARACs to tackle perpetrators behaviour to keep victims and children safe.

### **Why is this important?**

It is everyone's responsibility to safeguard victims and children living with domestic abuse.

## **Outcome 3:** Victims (Adults and Children) are able to recover from domestic abuse and live independently, free from abuse.



### **What have we done:**

- Through additional funding we have enabled Essex Rape Crisis Partnership to work with 404 individuals who had experienced domestic and sexual violence.
- Established an Essex Domestic Abuse Substance Misuse Steering Group to oversee and drive development and improved relationships by working strategically to ensure effective links between MARAC, other DA services and substance misuse services.
- Launched our SET DA website which has details of all the DA services available.
- Continued to promote and expand the J9 (our DA awareness campaign) network – between October 2018 and March 2019, 5 sessions held and 79 professionals trained, including job centre staff, churches, doctors and hospitals.
- Worked with survivor groups to inform the design and delivery of our work including the design and evaluation of the domestic abuse services across SET and to inform the content of the stalking campaign.
- A new predictive DA analytics platform has been designed to inform the delivery of domestic abuse services.

### **What we will do:**

- Promote a new single point of contact into the jointly commissioned domestic abuse services.
- Support the delivery of well-being services in complex needs DA settings to encourage resilience and long term recovery.
- Work closely with the Clinical Commissioning Groups to raise health professionals' awareness of the impact of DA and pathways into services.
- Work with housing providers to develop best practice to enable people to stay safely in their homes.

### **Why is this important?**

Enables people affected by domestic abuse to recover and live free from abuse.



## Outcome 4: Perpetrators are prevented from causing harm.

### What have we done:

- We have extended our prison based domestic abuse programme into a through the gate service working in local communities.
- 15 schools have received the Goodman Project (working with 13-18 year olds at risk of using abuse in their relationships); they have also received 80 individual referrals into the service.
- Supported the delivery of the Bystander Intervention in Essex University and Anglia Ruskin University (domestic and sexual violence awareness initiative); as a result Essex University's Student Union reviewed their sexual violence policy and established their own consent programme and Anglia Ruskin University also now offer self-defence.
- The Drive pilot programme developed a new approach to hold high risk perpetrators of domestic abuse to account in order to keep victims and children safe. It ran in Essex from April 2016 – March 2019 and over 252 individuals referred into the programme.
- Focused our SETDAB Annual Conference on improving knowledge of domestic abuse services and pathways to respond effectively to domestic abuse perpetrators.

### What we will do:

- Evaluate the range of perpetrator interventions currently available across Southend, Essex and Thurrock to determine their impact and to inform future commissioning decisions.
- Implement a perpetrator focus within MARAC (delivery of Project Columbus in Essex and Southend).
- Deliver domestic abuse training inputs to magistrates and judges.

### Why is this important?

Perpetrators are held to account for their behaviour and offered opportunities to change.

## **Outcome 5:** Communities and professionals have a greater awareness of what an abusive relationship is, how to report it and as a consequence feel safer.



### **What have we done:**

- Launched our SET DA Partnership website, providing a central resource to find domestic abuse information and services.
- The SET DA Team facilitated a range of seminars and learning events covering topics such as: Learning from reviews and professional curiosity, Risk Assessment and the Multi Agency Risk Assessment Conference, best practice and learning from Project Maya.
- Delivered our Annual Conference, attended by over 200 professionals.

### **What we will do:**

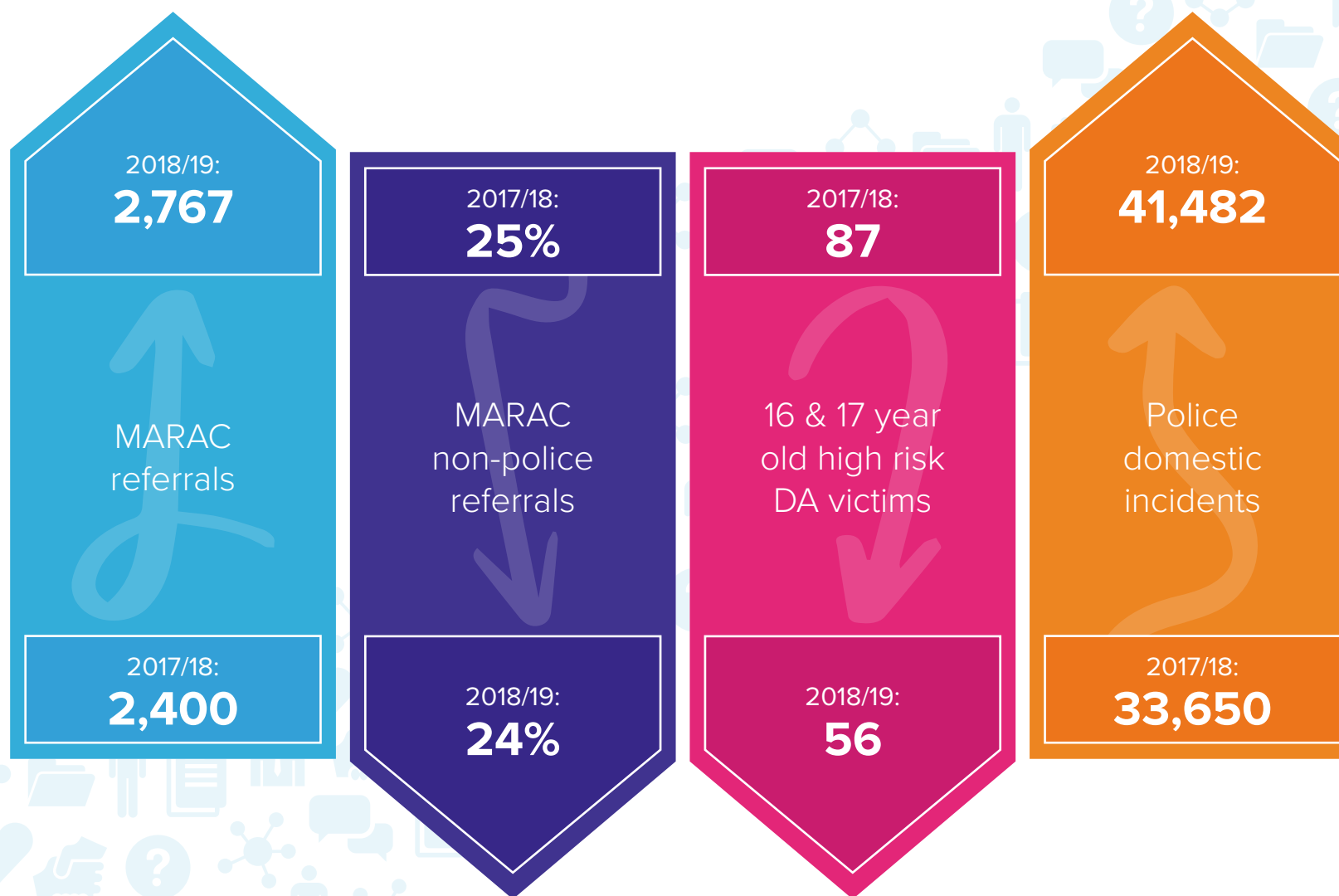
- Deliver a Stalking campaign and Substance Misuse campaign.
- Launch our DA awareness e-learning programme.
- Complete a Domestic Homicide Review Thematic Report and share the learning across SET.
- Continue to deliver bespoke seminars including: Stalking awareness, MARAC/risk assessment awareness and our SETDAB Annual Conference.

### **Why is this important?**

People affected by domestic abuse can access appropriate services to increase safety and reduce harm.



## Context / Performance Data



**MARAC:** Multi-Agency Risk Assessment Conference    **DA:** Domestic Abuse

## Our Board Members:

# SETDAB

*Logos correct according to agency websites as of 21.10.2019*



SETDAB aims to work in partnership with all agencies across Southend, Essex and Thurrock

# COMPASS

## Essex Domestic Abuse Helpline

Call us on:

0330 333 7 444

[www.essexcompass.org.uk](http://www.essexcompass.org.uk)

COMPASS launched on 1<sup>st</sup> April 2019 and is the new point of access for victims of domestic abuse across Southend, Essex and Thurrock; providing information, advice and guidance and where appropriate assessment and access to specialist services.

COMPASS will also provide information, advice and guidance to the public and professionals who have concerns about family and friends and people they work with who may be victims of domestic abuse.

COMPASS will be accessible 24hrs a day. Callers can speak with a trained member of staff and there will also be an online form for both public and professionals wishing to make a referral via the website.

COMPASS will be delivered by Southend on Sea Domestic Abuse Projects.



Ending  
Violence  
in Essex



Essex County Council

**PFCC**  
POLICE, FIRE AND CRIME  
COMMISSIONER FOR ESSEX



RCN: 1062493



Southend, Essex  
& Thurrock Domestic  
Abuse Board

 [www.setdab.org](http://www.setdab.org)

