



Issue 8

J9 Network News



February 2018

The J9 Network is for staff from public and voluntary sector organisations across Essex whose work may bring them into contact with victims of domestic abuse. The purpose of the Network is to provide an opportunity to share information and stay up-to-date on domestic abuse issues. Please forward this newsletter to colleagues who may find it useful and encourage them to join the Network! If there are any issues which you would like to see included in future newsletters, please let us know — contact details can be found below.

Raising Awareness

We now have a database of over 650 professionals, across Essex, who have attended J9 training. These professionals know what they need to do to ensure a victim understands what J9 is when they see the logo. We have developed discreet pin badges and lanyards to promote the initiative.

We are planning to increase our awareness through the use of social media offering advice on domestic abuse.

If you have any ideas or suggestions or would like to get involved please do not hesitate to get in touch.

Join in the conversation

Join in the conversation on social media using

#J9Essex



#REFLECT
ON YOUR BEHAVIOUR

J9 Domestic Abuse Awareness Training

*****Training dates *****

J9 training courses to be held in Epping

Thursday 15th March 2018

And

Thursday 26th April 2018

10am-1.30pm



For more information or to book a place please contact Carly Stratton:

J9@eppingforestdc.gov.uk

J9 Network News – Contact details

Caroline Wiggins – Community Safety Manager,
Epping Forest District Council

Email: saferrcommunities@eppingforestdc.gov.uk

Tel: 01992 564608

Carly Stratton — J9 Coordinator

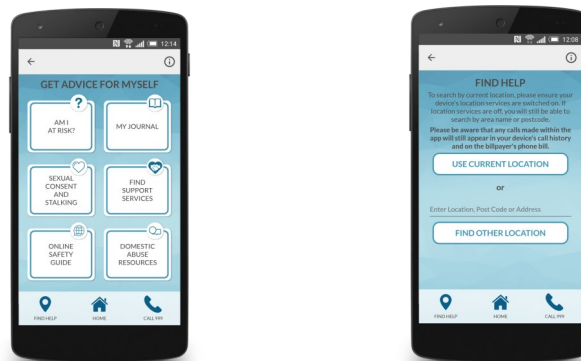
Email: J9@eppingforestdc.gov.uk





Bright Sky app gets a refresh

Bright Sky is a free app providing support and information for anyone who may be in an abusive relationship, or those who are concerned about someone they know. You can download Bright Sky for free on both iOS and Android devices on the App Store and Google Play Store.



How Bright Sky Can Help You:

The app features:

A unique **UK-wide directory** of specialist domestic abuse support services, where users can contact their nearest service by phone from the app, searching by area name, postcode or their current location.

A secure **My Journal** tool, where incidents of abuse can be logged in text, audio, video or photo form, without any of the content being saved on the device itself.

Questionnaires to assess the safety of a relationship, plus a section on dispelling myths around domestic and sexual abuse.

Information for anyone wishing to learn more about domestic abuse, sexual consent, stalking and harassment and online safety. This includes information about the different types of support available, steps to consider if leaving an abusive relationship and how to help a friend affected by domestic abuse.

Contact details and the ability to call national helplines providing support for those affected by domestic and sexual abuse across the UK.



**** In an emergency situation, always call 999****



CSE Champions – Sign up and Get Involved!

What does being a CSE Champion mean?

- A champion in your organisation ensures you have a link to the most up to date information about CSE in Essex
- Keeps your organisation up to date with localised changes and up to date with localised CSE risk assessment / tools etc.

The Champions role is to cascade knowledge through their organisations

What support is there from ESCB (Essex Safeguarding Children's Board)?

- They will be offering twice yearly themed CSE Champions Forums - ensuring that they are hitting on key subjects that are current within Essex and where possible will be delivered by experts in the field. 2017 -2018 forums are:
- November – Working with parents (delivered by The Children's Society); Understanding Perpetrators and multi-agency planning (delivered by NWG CSE Response Unit)

Jan/Feb – Working with children & young people (delivered by Children and Young People); Understanding adolescent trauma and risk taking in response to CSE (delivered by NWG CSE Response Unit).

What do I have to do?

- There are new standards set out across the CSE Champion Role rather than delivering it as a one off training event:
 - You need to have completed a basic awareness course in CSE
 - You need to have completed a safeguarding course
 - You must complete the Online CSE Toolbox Training – free and available through us, the link below tells you how to apply
 - You need to have your line management approval
 - You need to have the free Gold Membership – free and available through ESCB, the link below tells you how to apply

It is an expectation of all CSE Champions to attend at least 1 of the Forums a year – this ensures they are kept informed and supported in their development in relation to CSE

How do I apply?

To apply for CSE Champion all details are:

<http://www.escb.co.uk/en-gb/learninganddevelopment/childsexualexploitationchampions.aspx>

It is a fairly straight forward process, so please consider signing up!

J9 Training Evaluation



“Very informative. Thank you!”

“Enjoyed it very much. Thank you it was very interesting”

“Kimberley is an excellent trainer. I felt engaged the whole time. Are all your trainers this good?”



**“ Excellent training!
Don't think it can be improved.”**

Feedback received from training session at Braintree District Council

Domestic Abuse Awareness Week - 27th November 2017

Basildon Service Centre had a dress down day to highlight Domestic Abuse Awareness Week. Instead of monetary donations they asked for toiletries and feminine hygiene products which the refuge find invaluable.

Donations collected from Basildon Service Centre for the Women's Refuge



J9 Contact details at local CSPs

Epping Forest	Caroline Wiggins	01992 564608	J9@eppingforestdc.gov.uk safercommunities@eppingforestdc.gov.uk
Harlow	Lisa Whiting / Karen Vigor	01279 446371 / 01279 446362	lisa.whiting@harlow.gov.uk / karen.vigor@harlow.gov.uk
Uttlesford	John Starr	01799 510559	jstarr@uttlesford.gov.uk
Chelmsford	Karen Buttress	01245 606233	communitysafety@chelmsford.gov.uk
Basildon	Katie Wilson / Julie Hennessey	01268 208073	katie.wilson@basildon.gov.uk / julie.hennessey@basildon.gov.uk
Castle Point	Helen Collins	01268 882461	hcollins@castlepoint.gov.uk
Rochford	Graham Browne	01702 318103	graham.browne@rochford.gov.uk
Tendring	Leanne Thornton	01255 686353	lthornton@tendringdc.gov.uk